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Digital Chakras: A Mystic Looks at the Infosphere

By Steven Vedro

Jaico Publishing House, Delhi, India. Softcover. Book Condition: New. You don't have to know much about technology to benefit from this witty exploration of how we can develop a yoga of teleconsciousness to become centered in a frantic world. The Infosphere not only affects consciousness, it also reflects it, says Steven Vedro, and it provides teachings for the next step on our journey to wholeness. His guiding metaphor is the chakra system, the body's esoteric energy centers located at the spine base, pelvis, solar plexus, heart, throat, forehead, and crown. He links each to a form of communication: the lowest chakras, concerning safety and survival, relate to telegraphy and telephony; the middle chakras, concerning power, love, and discernment, relate to radio, television, and the Internet; the highest chakras, concerning the most evolved consciousness, relate to the newest technologies of digital signal coding, smart devices, and the always-on intelligence of grid computing. To open and heal our internal channels, Vedro provides visualization exercises in each chapter. Now, when the media seems increasingly intrusive, this ingenious book may help us use it to become more compassionate, more balanced, and more aware. Printed Pages: 240.



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