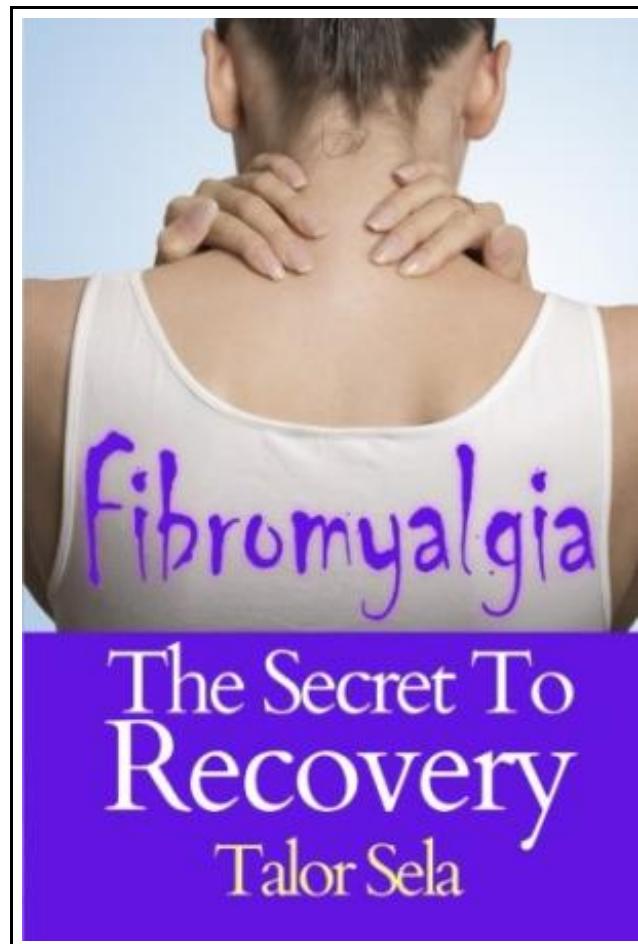


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Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. If I can do it - so can you! Recovery is possible. The self-taught method of Talor (Tova) Sela has achieved optimal health for her, and here she gives readers a chance to skip stages in the ladder of suffering and bring about a marked change in their lives. The Secret Power to Healing is based on a true and revealing life story, and is an inspiration for every soul who seeks to break boundaries that seem impossible to overcome. Ever since Talor can remember, she dealt with physical phenomena that struck her, causing pain and suffering. Countless attempts to recover through conventional and alternative treatment failed to free her from fits of pain, insomnia, fatigue and a relentless decline in quality of life. Her efforts to understand what she was suffering from, and the desperate desire to be healthy, led to a significant breakthrough in her life when she was diagnosed with fibromyalgia syndrome and chronic exhaustion. In this book she talks frankly about what you cannot see, about the road to recovery, the steps, the hurdles, her insights, the effects of the syndrome and freeing herself from it during the course of her life. The genuine honesty of her writing plays the most delicate chords in the human soul and gives us a glimpse of the wonderful world of a gentle and sensitive soul who chose to take her life in her hands and make the impossible possible, the unattainable accessible and realize her dreams. In clear, fluent and exciting language, Talor reveals her proven method of recovery, a method that changed her life. She hopes that, in the same way, you will also succeed...

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